

OUR UNIQUE CONCEPT

There is no food ordering or waiting at Chamas. Your experience begins with a visit to our unlimited salad bar that features a wide range of freshly homemade hot and cold gourmet dishes.

Then once you are ready for the meats, you are in control of the service by using the double sided card found on your table. The green side simply signals the service to start, whilst the red indicates a resting point. All you need to do is sit back and relax whilst our passadores continually bring you up to fifteen prime cut sizzling hot meats on skewers.

No craving is too large at Chamas and we will gladly continue to slice up our freshly grilled meats until you can eat no more.



LUNCH SELECTION

PICANHA W (Cap of Rump) This beautiful cut is the most authentic steak used for the traditional churrasco in Brazil. Famed for its delicate,

CORDEIRO M S C (Leg of Lamb) This boneless leg of lamb is gently flavoured with our special mint marinade and grilled to perfection to make it a delicious tender and flavourful cut of meat.





EVENING SELECTION (includes lunch selection)







succulent texture and

exceptional flavour.

A Brazilian churrasco signature cut, naturally lean with a distinctive meaty taste. Seasoned lightly with rock salt and olive oil and cooked to perfection.





CORAÇÃO DE FRANGO W (Chicken Hearts) A Brazilian delicacy delicious and tender.

MAMINHA COM QUEIJO W

(Steak and Cheese) A delightful taste of rump tail mixed with chunks of Mozzarella







FRANGO COM TOUCINHO 🛭 (Chicken with Bacon) Chicken breast morsels grilled and wrapped in sizzling bacon.



SOBRECOXA DE FRANGO W © (Chicken Thighs) Lightly basted in our special house marinade and cooked over open

flames for perfection.







Slowly roasted to preserve its unique juiciness. A crispy outer with a breath taking taste.



Ask for your preferred cut to come out next

All our meats are served straight from the churrasco once they are ready by our gaúcho chefs in no particular order. Please feel free to ask for your favourite cut of meat to come out next. *Gluten and dairy free options available. Please ask for more information

LET US KNOW IF YOU PREFER YOUR MEAT RARE, MEDIUM OR WELL DONE we are happy to serve all cuts, cooked to your taste

VEGETARIAN / FISH

All suitable options from our salad bar plus the following hot dishes

MACARRAO PESTO VERMELHO E PIMENTA V G D

Creamy red pesto pasta with roasted peppers Rigatoni pasta, sun dried tomatoes, cream, vegetarian parmesan, roasted peppers, basil, lemon,

RISOTTO DE GOGUMELO **W** M S

Mushroom Risotto

Mixed mushroom and sun dried tomato risotto

FILÉ DE SALMON 🕞 D

Salmon Fillet

Pan Fried Salmon with new potatoes and roast vegetables

ROBALO ASSADO NA PANELA 🕞 D

Pan fried Sea bass

Served with new potatoes and roasted vegetables

MACARRAO CAPONATA G S Ve

Rigatoni pasta, roasted vegetables and peppers, tomato, garlic, red wine vinegar, capers, mixed herbs.



An optional 10% service charge will be added to your bill. All gratuities go to the team that helped prepare and serve your meal. Please advise your server of any special dietary requirements. While we do our best to reduce the risk $of \, cross-contamination \, in \, our \, restaurant, \, we \, cannot \, guarantee \, that \, any \, of \, our \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \, from \, allergens \, and \, dishes \, are \, free \,$ therefore cannot accept any liability in this respect. Our dishes may contain nuts or nut traces. Additional allergen information is available on request - please ask your server for further information